

## October 2019

★ 21<sup>st</sup> to 31<sup>st</sup> - *Diwali break*

| DAY       | TIMING     | DATES AND SESSIONS      |  |                          |    |    |
|-----------|------------|-------------------------|--|--------------------------|----|----|
| Monday    | 11:00-1:00 |                         | 7<br>Music   | 14<br>Music              | 21 | 28 |
| Monday    | 2:00-4:00  |                         | Chess<br>(with faculty)                            | Carom<br>practice        |    |    |
| Tuesday   | 11:00-1:00 | 1<br>German             | 8<br><b>HOLIDAY</b>                                | 15<br>German             | 22 | 29 |
| Tuesday   | 2:00-4:00  | <b>NO<br/>SESSION</b>   |  | Origami                  |    |    |
| Wednesday | 11:00-1:00 | 2<br>Harmonium          | 9<br>भावना<br>अनुभवताना,<br>समजून घेताना           | 16<br>Abhivachan         | 23 | 30 |
| Wednesday | 2:00-4:00  | Clay<br>moulding        | संस्कृत सुभाषिते<br>(Swati Gune,<br>Swati Marathe) | Cooking                  |    |    |
| Thursday  | 11:00-1:00 | 3<br>Varali<br>painting | 10<br>Abhivachan                                   | 17<br>Varali<br>painting | 24 | 31 |
| Thursday  | 2:00-4:00  |                         | Bridge   | Bridge                   |    |    |
| Friday    | 11:00-1:00 | 4<br>Dance              | 11<br>Dance  | 18<br>Dance              | 25 |    |
| Friday    | 2:00-4:00  | Carom                   | Baking   | Brain games              |    |    |

- This is a timetable of IPH's Neuropsychological Nurturance Center for senior citizens.
- *Each day is divided into two parts* according to timings of the sessions.
- For details, contact: Saptasopan- 8291982566/ 8291982568 (between 10 am & 6 pm).